Getting started with
My Invisalign-Virtual Care

We recommend all Invisalign patients download this app regardless of being a virtual patient. It offers many resources to ensure a successful treatment.

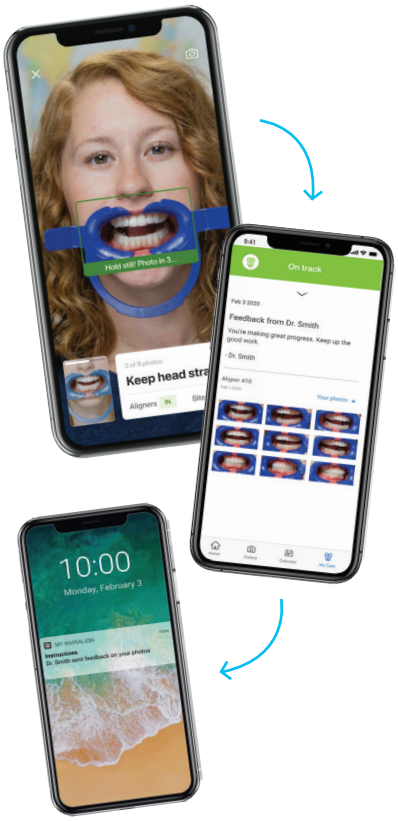
1. You'll receive an email invitation to set up your account. Follow the "Get started now" link to download your free ***My Invisalign app***. *If you choose not check in virtually, you may download My Invisalign directly through the app store and follow the prompts to register!*

2. Register by following these next steps:

1. Select “yes” that you are an existing patient, and either scan the qr code on your aligner bag, or enter patient details manually

2. Enter account information and create your pin

3. Choose your aligner settings and reminders. EX: Total # of trays, current stage, days of wear & next change date.



Submitting Photos

With each aligner, you’ll submit 9 photos to your doctor using the cheek retractors provided by our office. You'll receive notification reminders when it's time to send progress photos.

1. Start the guided photo taking process in the app by clicking on the My Care menu option at the bottom of the home page. Then click on the blue "Take Photos" prompt.

2. With the cheek retractor in, you will take 3 photos (one facing straight, one facing right, and one facing left) in each of the following positions: Aligners on and your bite open, Aligners off and your bite open and Aligners off and your bite closed

3. Click "Send to Doctor" and the doctor will provide two types of feedback: "On track" or "Instructions". If instructions, we may provide additional guidance, such as wearing your current aligner for additional time or using chewies.

DUTCHESSORTHO.COM • 845-896-8880

1557 Route 82, Hopewell Junction NY 12533

Dutchess Orthodontics