

# Whitening Gel Application Instructions

## Venus White Pro 22%

**Whitening is given once at the beginning of treatment to help with attachment staining. If more is needed, your doctor will determine this at your next appointment.**

*When you notice your attachments getting dark or stained, apply whitening gel to your tray for 30 minutes once a day for 3 days.*

### IMPORTANT – PLEASE READ BEFORE USING TEETH WHITENING GEL

Teeth whitening (bleaching) gel will only whiten natural teeth. Results may vary, as teeth whiteners do not work on certain stains. It is important to consult with your dentist if you have any concerns about stains on your teeth before using this product.

### Instructions

1. Brush and floss teeth. Venus White Pro is most effective on clean teeth.
2. Make sure trays are clean and dry prior to applying Venus White Pro gel.
3. Remove syringe from case and snap tip cover from the end.
4. To load the tray with Venus White Pro, depress the plunger and fill each tooth in the tray with a small pearl of gel.
5. Position tray over your teeth and gently press tray to move the gel into place. Wipe excess gel from gums with a tissue, Q-tip, or your finger.
6. Wear tray for prescribed amount of time only. If sensitivity occurs, discontinue use for 24 hours.
7. After whitening, remove the tray, rinse your teeth, and brush away any remaining gel.
8. Clean trays with a toothbrush and cold water.

#### Important Note:

*During active whitening, your teeth will become more susceptible to staining for the following 24–48 hours. For best results, avoid food and drinks with strong color and discontinue any tobacco use during this period.*

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